

Address the emotional and psychological causes of disease and suppression of healing

- 1. Family counseling may be necessary**
- 2. Bioenergetic forms of healing may be helpful.**
- 3. Forgiveness of people that have wronged you, if they have passed away, write a letter forgiving them and sign the letter**
- 4. Pancreatic cancer and possibly other cancers along with Lupus, abdominal female cancers, rheumatoid & MS can be a latent “anger” diseases; beware of family transfer of anger from 2 generations past.**
- 5. Louise Hayes has written on cancer and thought. She discovered that, for herself, cancer was caused by resentment. Her resentment grew and grew and ate at her until it formed a cancer that began eating away at her body. There is a tape available *Cancer: Your Healing Power*.**
- 6. New German Medicine Ryke Hamer MD (mind/body connection between cancer and emotional events).**
- 7. Norman Cousins wrote a book, *Anatomy of an Illness As Perceived by the Patient*, which details his experience of using laughter as a medicine. He was diagnosed with a rare collagen disease, ankylosing spondylitis, and given little conventional hope. With a prognosis of a few months in 1965, almost completely paralyzed, Cousins checked out of the hospital and moved into a hotel room. He began taking extremely high doses of vitamin C and watched a continuous stream of humorous films. His condition steadily improved and Cousins regained the use of his limbs until he was able to return to work.**
- 8. Holding babies as a volunteer in a nursery as a treatment is effective. Also holding a new born puppy has health benefits.**
- 9. Epigenetics is the study of how the proteins that sit on top of the DNA affect the expression of the DNA. This is something that can have cross generational impact upon health.**
- 10. <http://www.o3center.org/ConditionsCenter/Cancer/CompleteCancerProtocol.html>**

Positive Emotional Support : The immune system is controlled by the midbrain, or limbic system, through the thymus. The midbrain also controls the emotions, so it is easy to see that

unresolved emotional problems can shut down the immune system. There are trained therapists who can treat underlying emotional causes, such as repressed anger or resentment, which can often lead to a malfunctioning immune system and eventually cancer. The thymus works by sympathetic acoustic resonance with the heart, so any arrhythmia due to chronic emotional stress or other overstimulation of the adrenals will cause the thymus to malfunction, and turn the immune system off. Ozone will restart the system, but it is necessary to deal with the emotional trigger, or the thymus will shut down immunity every time it is restarted. Since it is the immune system that does the healing, this is obviously critical. Thymus injections are often helpful in restarting the immune system